



Passionate about Sport, Dance, Gymnastics & Fitness





118

Since 2008!

Schools Coached



6,720

Each Week!

Kids Coached



24

Available!

Different Sports



85%

Every Lesson!

Time Active



90%

Of Schools!

Use Us For
**PPA/
Curriculum**



92p

Per Child

Per Lesson

ABOUT US

Fit4Fun is a passionate Sports, Dance, Gymnastics & Fitness coaching company founded in September 2008 by Tom Farrow & Leon Shillito. We believe that regular participation in communal sport and active living can not only assist our health physically but also have a positive impact on our social and mental wellbeing.

As an established provider in all aspects of sport and fitness we have a valued reputation of creating a positive and motivating environment for each and every participant. Fit4Fun is not only evolving as a sports coaching provider but leading the way for development in sport.

North Yorkshire

Hull

East Riding

Buckinghamshire

Hertfordshire

N. London Boroughs





Equipment

Fit4Fun provides all transportable equipment and ensures that every child has their own ball, racket, bat or stick in each and every session.



Approved Providers

Our company is on the approved list of providers for two county councils and is also Street Mark accredited.



Ofsted Registered

Fit4Fun has an Ofsted registration for our extra-curricular activities to provide extra peace of mind for our clubs.



Experienced

Our team comprises of enthusiastic, well vetted, fully qualified and experienced coaches from professional and school environments.



Reports

Should you require, Fit4Fun is able to provide a discrete and accurate half termly marking system for PPA and Curriculum delivery.



Safeguarding

All Fit4Fun coaches have Enhanced DBS checks and have received safeguarding training that falls in line with our safeguarding policy.



Insurance

Fit4Fun is fully insured to the value of £10 million for Public liability and £5 million for Employers liability.



First Aid Trained

All our coaches have emergency aid training and where required possess Paediatric First Aid training qualifications.



PEACE OF MIND

SERVICES

PPA Cover & Curriculum PE

Fit4Fun offer a reliable, friendly and professional service to ensure schools meet the expectations and standards for school sport provision and curriculum physical education. Our highly qualified and experienced team will plan, prepare and assess in line with government legislation and Ofsted guidelines whilst delivering fun and engaging sessions for the children. With an extensive list of sports and the use of visual triggers for learning outcomes Fit4Fun can ensure that children will develop a wide variety of skills, techniques and understanding across all areas of Sport & Active Living.

Staff Training & CPD

Educate, up-skill and empower your staff members to deliver high quality P.E sessions within your school. Fit4Fun recognise that every school is different whether it be the number of pupils, the size of the school or access to facilities and equipment. Simply put there is no one size fits all. With our extensive and informative hands on approach to training Fit4Fun ensures that your staff will be educated on more than just the basics. A Fit4Fun specialist will offer detailed support resources and advice so you have the confidence to deliver a multitude of sport and activities across the academic year. We do not recite and repeat old methods (such as Val Sabin) and always take into consideration every element of your school in order to create a flexible and tailored plan to meet your needs.

Extra-Curricular Clubs

A Fit4Fun club is fun, fast and always action packed! Kick off the day the right way with our Gymnastics, Dance & Multisport Breakfast clubs. After a 8.00am meet our coaches will deliver fun, energy boosting sessions to ensure your child arrives at the classroom refreshed, motivated and enthused for the day ahead. At Lunchtime we can ensure safe, structured playground games with our 30-45-minute midday sessions which help boost metabolism and tired minds. To finish the day and burn off any excess energy and stress Fit4Fun run afterschool clubs for all ages. These are a perfect bolt on to PPA & Curriculum P.E and can either be organised privately or subsidised through the school.

WE ALSO OFFER:

Sports Days & Festivals

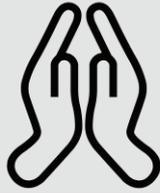
[more info](#) 

Deep Learning Days

[more info](#) 

Healthy Eating

[more info](#) 



INCLUSIVE SPORTS

Boccia
New Age Kurling
Multisports
Tri-Golf

[more info](#) 



TEAM SPORTS

Football
Basketball
Netball
Tag Rugby
Unihoc
Kwik Cricket/Rounders
Dodgeball

[more info](#) 



UNUSUAL SPORTS

Ultimate Frisbee
Pop Lacrosse
Boxing
Orienteering
Cheerleading
Bootcamp & Fitness
Table Tennis

[more info](#) 



INDIVIDUAL SPORTS

Gymnastics
Tennis
Badminton
Athletics/Mini Olympics
Street Dance
Golf

[more info](#) 

Testimonials

ANGEL SANDERSON
SPORT PARTNERSHIP MANAGER

The range of activities Fit4 Fun offer has been fantastically received and the feedback from my primary school (65 schools across the partnership) has proved that Fit4Fun deliver high quality coaching sessions, a versatile and inclusive selection of sports, a safe, fun and reliable workforce and above all the interaction and relationships that they have with the schools and pupils is particularly excellent.

DAVE JENISON
PRIMARY SCHOOL TEACHER

I have employed Fit4Fun as part of our School Sport Coaching Programme (SSCP) and I can honestly say that the feedback I have had from my primary schools has been nothing but positive. They are extremely highly regarded for their professionalism, their creativity, their good humour and their all-round dedication to the health, welfare and well-being of our children.

PHIL SAINTER
HEAD TEACHER

I can't praise highly enough your organisation of the event. You spent so much time emailing us, checking our requirements, time scales etc. You came in early to set up and brought all the equipment and due to your organisation before the event, everyone knew what they were doing. Overall Fit4 Fun and his team provided a first class, well organised Sports Day for us.

JULIE BELL
SPORTS & PE COORDINATOR

Fit4Fun have run a number of different activities within my cluster of primary schools, ranging from Multiskills, Tag Rugby, Ultimate Frisbee etc. The level of delivery and organisation has been excellent with a real emphasis on developing new skills in a fun, inclusive and professional format. Fit4Fun have also provided great coaching for students in KS3 and KS4, where an enthusiastic, knowledgeable and motivated coach is essential.



COMPANY INFORMATION

Company Number - 8337190

VAT Number: 176738856

Address: 1 Greenway Close, Anlaby, HU10 6NE

PAYMENT INFORMATION

Fair Care: FIT40917

Cheques: Fit4Fun Sports Dance & Fitness Limited

Bank Details: SC: 090128 ACC: 38461922

Computer Share: 0023629119

Eden Red: P21113214

CONTACT INFORMATION

Leon Shillito Mobile: 07736-934743

Tom Farrow Mobile: 07983 -575428

Email: info@fit4fun.co

SOCIAL INFORMATION

Website: www.fit4fun.co

Facebook: [/fit4funonline](https://www.facebook.com/fit4funonline)

Twitter: [@Fit4Fun_Online](https://twitter.com/Fit4Fun_Online)

Instagram: [/fit4fun_online](https://www.instagram.com/fit4fun_online)

F.A.Q

1.

How can our school best utilise the School Sports Premium?

At Fit4Fun we can fully support and assist your school in using the school's sports premium effectively with a free , no strings attached consultation and trial session. Contact us for more information!

Which sports work best for PPA & Curriculum sessions & what 's involved?

We would deliver 6 activities across the academic year, covering all aspects of the curriculum . For example Football, Cricket, Gymnastics, Athletics, Dance, and Tennis. In each of these activities we start with the fundamentals, building towards small sided games in the latter weeks. Each session is age appropriate, and adapted to the ability of the group. Enjoyment and long term development is at the heart of all our delivery.

2.

3.

What equipment do we need to provide as school?

Fit4Fun is able to provide all equipment bar large items that are not easily transportable such as gym mats, football goals, basketball hoops etc. We ensure there is enough equipment for a class of 30 children , and every child will have a piece of equipment when appropriate.

4.

Will I get the same coach every week?

We provide the same coach every week for each activity delivered. The coach will remain the same for the full academic year unless dance has been requested. In this case we would switch the coach at half term. In the event of illness or other such circumstances, we strive to provide alternate cover.

5.

How do extra-curricular clubs work?

Fit4Fun can run extra-curricular clubs independently with our team managing absolutely everything. Alternatively we are also able to deliver sessions where schools use their own funds or sports premium. However in this instance we would request that the school manages all bookings, registers, finance and dismissals.

Who do I contact if I have a query?

RE: Coaches, staff , documentation or scheduling please contact:

Leon Shillito: leon@fit4fun.co or 07983-575428

RE: Invoices, payments, VAT or finance please contact:

Tom Farrow on [tom@ fit4fun.co](mailto:tom@fit4fun.co) or 07736-934743

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